Antioxidant Challenge

* Raise awareness of said product
* Said product are key to optimizing our mental-physical performance and our stronger immune system
* Give RI a leading edge in health-consciousness (Pioneer)

Final Products

* Video (Documentary? Animation?)
* Posters
* Speech
* Website??? (Facebook page?)

Objectives

* Speak to Canteen Committee
* Model School Tuckshop Programme
* Speech
* Get vending machines (Marshall Block)/ canteen stalls to stock antioxidant-rich food

Sources

* http://www.webmd.com/food-recipes/news/20040617/antioxidants-found-unexpected-foods